

**HARVARD  
BUSINESS  
IMPACT**

CERTIFICATE

Presented by:  
Harvard Business Impact in  
collaboration with  
Capgemini

November 2025

**Ziggy Rafiq**

*has completed the program and understands the principles,  
approaches, and best practices presented in*

# **Stress Management**



**Vinay Hebbar**  
Executive Vice President, Enterprise  
Harvard Business Impact